

05 Trip to Gunung Lambak, Kluang



06 Team Tennis



04 Lou Hei Bowl



*Perfect getaway moments...*

# Moments

Changi Beach Club Apr-Jun 2017 | MCI(P) 119/02/2016





# Chairman's Message

## Dear fellow Club members,

In this message I must share with you some of the major issues and challenges that the Club is facing.

Top of the list is the matter of the renewal of our land lease. We have established contacts with the relevant authorities, and most importantly the official lessee SPORT Singapore (Sports Council) in order to understand the requirements for the renewal of a longer-term lease period. In this respect, we have worked painstakingly to put up a game plan on how to make the club more vibrant and inclusive. This means involving both Club members as well as the wider community including schools, community clubs and charity organisations into our overall plan. We are pleased to inform our members that SLA's Land and Acquisition team in charge of the valuation has conducted the site visit and is currently doing the valuation of our property. We are also glad that the SPORT Singapore has been very supportive. The land lease renewal matter is still a work-in-progress and we will keep the members apprised of developments.

## Activity Highlights

For the past few months the Club had been bubbling with a range of exciting events and new activities with good participation rate both from members and their guests. This is thanks largely to the efforts of our Social and Sports Committees. Several new sport and recreation initiatives were added including Table Tennis, Adventure Activities and Boutique Gardening. The popular 'Bouncy Castle' for kids has been held monthly. The March Family Day cum Swim Carnival saw overwhelming participation with 140 members and guests from several swim schools competing.

Besides the weekend bands, the rejuvenated Deck Bar has introduced new guest bands which feature on

Tuesdays. This event is largely supported by generous sponsors of the Club. As the saying goes, "a crowd draws a crowd" – we will continue to work hard to provide members with exciting activities and events that they will enjoy, together with their families and guests.

## Club Finances and Facilities

The Club is facing two inter-linked challenges; declining revenue coupled with aging facilities.

Revenue from jackpot (fewer players) and member subscriptions have decreased significantly over the years. This has resulted in our revenue declining more than 10 percent compared with the previous year. In the long run, without new/increased revenue streams, the Club's operations will not be sustainable.

In view of the steady decline in revenue and in spite of the cost control measures, it is inevitable that we have to review all our income streams on an urgent basis. Among all the clubs in Singapore, Changi Beach Club has the lowest subscription fee and we need to review this urgently. Nevertheless, the committee is mindful of the senior members of the Club and we will give them due consideration when implementing any new measures to raise funds.

Changi Swimming Club (the former name of Changi Beach Club) was formed in 1972 and we are now 45 years old. Our facilities are showing signs of wear and tear. The last major renovation work was done more than 10 years ago, and some repair, replacement and upgrading is needed on an urgent basis. For example, the damaged chalet room fittings and doors were worn out and had to be replaced, the restaurant flooring was damaged and chipped, the swimming pool pumps and the air-conditioning system broke down several times necessitating immediate replacement.

Tough decisions have to be made. We need to prioritise our spending decisions between what is necessary to keep the Club operating, and what is desirable. We need to be prudent in all our spending. Wherever possible we have sought to rectify maintenance issues 'in-house' with our own staff, before we approach external contractors. This has resulted in substantial saving in expenditures. For this, we need to thank Alan Fan, our House & Grounds Chairman and his hardworking technical team.

Due to the terrain and architecture of the Club, many of our senior members have difficulty coming to use the club facilities because of the access challenges. Needless to say, our Club is not disabled friendly. Hence, we need to quickly look into these areas and Alan Fan will be assessing the mobility needs of the Club members and will be conducting a design feasibility study.

## Giving Back to Society

As part of our Club's effort to give back to the society, we held a charity drive during our year-end Dinner & Dance last year on 31 Dec 2016. A total of \$10,103 was raised for the Singapore Children's Society. On 11 May 2017, this year we will be conducting our first CBC Charity Golf-cum-Dinner. The golf event will be held at Changi Golf Club followed by a dinner. The nett proceeds raised will be donated to SportCares, which supports underprivileged children, youth-at-risk, needy seniors, people with physical and/or intellectual disabilities, and the disadvantaged in our community, through sporting activities. We are very grateful to our generous sponsors for this event.

We look forward to your participation and continued support. Thank you.

Club Chairman,  
**Steven Yuen**

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 changi beach club

 www.changibc.org.sg

 enquiries@changibc.org.sg

### Management Committee

- |                         |                      |
|-------------------------|----------------------|
| Mr Steven Yuen          | – Club Chairman      |
| Mr Vincent Ho           | – Honorary Secretary |
| Mr Stanley Foo Khee Jui | – Honorary Treasurer |
| Mr Parga Singh          | – Committee Member   |
| Mr Alan Fan             | – Committee Member   |
| Mr Lim Yeo Beng Garry   | – Committee Member   |
| Mr Robert Chen          | – Committee Member   |

### Management

- |                 |  |
|-----------------|--|
| Mr Robert Lum   | – General Manager<br>(lum@changibc.org.sg) |
| Ms Alice Ong    | – Manager<br>(Membership Admin)            |
| Ms Michelle Yap | – Manager<br>(Sales & Marketing)           |
| Gemma Frialde   | – Assistant Manager<br>(Finance)           |

### Executives

- |                 |                   |
|-----------------|-------------------|
| Eugene Lim      | Sales & Marketing |
| Leroy           | Sales & Marketing |
| Cheong Jianhao  | Operations        |
| Sha'adan Hussin | Maintenance       |
| Faizal          | Security          |
| Jevan           | Security          |
| Alma Garbo      | Accounts          |
| Siti Nurlinda   | Social Events     |
| Husnul Bahri    | Social Events     |

### Officers

- |                 |            |
|-----------------|------------|
| Cayon Lau       | Sports     |
| Nurazalindawati | Membership |
| Teo Chin Chuan  | Accounts   |

# Annual General Meeting

**Changi Beach Club's 29<sup>th</sup> Annual General Meeting will be held on 2 July 2017 at the Chan Ah Kow Hall in the Sport Complex.**

# Welcome New Members

Alan Siva Das	Murgesu Retenasingam
Chia Soon Leng	Neil Johnson
Gangatharan Nidharshan	Ng Chee Kian
Giam Poh Keow Anni	Ng Kim Pin
Goh Peng Kheow	(Huang Jingbin)
Gwee Zhiyuan Reuben	Ong Koh Jek Edmund
Heng Seow Siong	Ow Keng Leong Peter
Iskander Bin Habi Mohamed	Renick Spencer Chua
Jacqueline Tan Poh Suan	Stanton David John
Joan Sam Mong Peng	Tan Chee Beng
Kobayashi Shinobu	Tan Ee Ju
Koh Teck Yun	Tan Eng Han
Lim Soon Seng	Tan Thiam Poh Patrick
Low Poh Hong Amy	Tang Wai Hoe
Mark Christopher	Valentine Chan
Evan-Wong	Swee Leong

## Announcing New F&B Outlet



Desmond Lee & daughter Hui Fang

The Cranwell Roadhouse Snackbar (a.k.a. Sports Lounge) officially opened for business on Saturday 1 April. Located beside the gym, the Snackbar is operated by Desmond Lee (recently retired), because he felt hungry and thirsty after working out at the gym. Together with his daughter Hui Fang, they conceptualised a beach/seaside themed Snackbar serving a fusion of food and beverages.

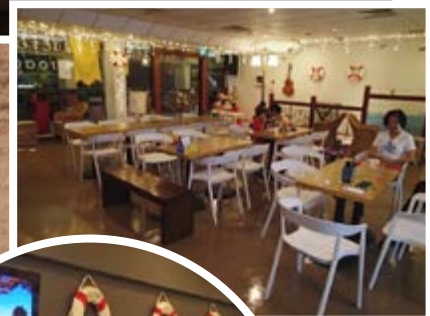
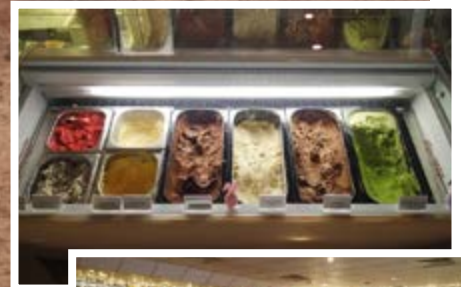
The menu offers local favourites like fried rice, nasi lemak, wanton noodles, rending rice and laksa. Western offerings include pasta, pizza, chicken and beef pies, and chicken wings and nuggets. (All food is supplied by a halal caterer and is heated upon ordering). Beverages include chilled juices and isotonic drinks, and freshly brewed coffee

and tea. Beer and wine will soon be available – pending Liquor License approval. For dessert there are scooped ice creams, chilled cake slices and 'bingsu' (Korean snow ice).

Intended to serve our fitness aficionados, the Snackbar also caters toys, books and even musical instruments for children, in a spacious, family-friendly setting. Also open to the public, alternate access is via the side road at the tennis courts.

The Cranwell Roadhouse Snackbar is open Tuesdays–Sundays from 10.30am–9.00pm. For the opening month of April, there is a 20% discount off all F&B.

Note: Payment by cash or Nets only.



# Locomotion

The band comprises Vivian, Charlie, Bert, Ngo and Kelly/Aloysius, who between count the Carpenters, Frank Sinatra, The Beatles, Nat King Cole, Rod Stewart, Santana, Led Zeppelin, Barbara Streisand, Linda Ronstadt, The Animals, Engelbert Humperdinck and Elvis as their favourite artists.

'Locomotion' came together in 2005, with each member coming from different bands who jammed together. Playing at private functions led to performing in country clubs. They cover songs in several languages, including Hindi and Tamil, and are willing to take song requests.

'Locomotion' plays at the Deck Bar every Saturday night from 8.30pm to 12.15am.



# Heart & Soul

Originally formed by musical couple Yanti and Joe, this trio has been performing in pubs, hotels and country clubs for over thirty years. The group is led by guitarist/keyboardist Syed Alwee (Joe), a fan of the 'Scorpions'.

Lead vocalist Yanti Syed sings in several languages. She plays the drums, and loves Whitney Houston. On the soprano saxophone is Anthony Chong who also arranges music for the band.

The band covers a wide repertoire of pop favourites, and takes song requests.

'Heart & Soul' have perform at the Deck Bar every Friday nights from 8.30pm to 12.15am.

# JACKPOT MACHINE TOP 5 PAYOUTS

## December 2016

30	Player's Choice Deluxe	S\$15,813.92
10	Rich Craft	S\$13,745.11
23	Genie's Riches	S\$13,492.02
24	5 Frogs	S\$9,196.70
7	Rise of the Incas	S\$8,623.60

## January 2017

30	Player's Choice Deluxe	S\$31,450.84
23	Genie's Riches	S\$22,707.50
9	Five Dragons	S\$19,004.70
20	5 Dragons Gold	S\$17,449.95
7	Rise of the Incas	S\$15,714.75

## February 2017

9	Five Dragons	S\$17,748.60
30	Player's Choice Deluxe	S\$17,559.18
8	Samurais Honor	S\$16,436.05
20	5 Dragons Gold	S\$14,715.05
6	Golden Festival	S\$13,609.16



12 February 2017

# Lou Hei Bowl

The Bowling Section held this annual event which has been run for the last 15 years. The 32 participants were divided into four teams named 'Xin Nian Kuai Le', 'Gong Xi Fa Cai', 'Wan Shi Ru Yi', and 'Nian Nian You Yu'. Ultimately, Team 'Wan Shi Ru Yi' won the competition. After the competition, the bowlers adjourned for a sumptuous 'Lou Hei' buffet dinner and 'Hong Bao' lucky draw.



- 01 'Lou Hei' for the bowlers
- 02 Group photo
- 03 Strike!
- 04 Prize winners receiving awards from Sports Chairman, Mr Parga Singh





01



02



03



sports

11 – 12 March 2017

# Trip to Gunung Lambak, Kluang

The Adventure Activities Section organised an overnight trip to climb Gunung Lambak. A total of 19 club members and guests participated. Here is a short write up by one of the seniors in the group.

*"When my wife and I (both of us in our 70s) signed up for this trip, we looked forward to a quiet relaxing time in Kluang. Little did we expect a trekking adventure. However, our group leader, Susan Pek assured that Lambak was a 'beginners' mountain'.*

*The initial climb was on a gradual and paved track. But the winding path ended and we had to climb up make-shift wooden steps, over uneven slippery rocks and protruding tree roots. Certain sections of the ascent were punishing. We could slip on rocks*

*or trip over roots and fall with unimaginable consequences. Fortunately there were ropes for us to pull ourselves up to the next rock surface. Assisted by our younger team members (who kindly shoved and pulled us up), we made it to the half way mark at 800 metres. From there, seven of us returned by a different route, our legs sore and quite 'lembik' (soft) at the end of our 2-hour trek.*

*This Lambak trek has been a highlight in our twilight years. Even though we did not complete the climb, it was a great achievement for us and a memorable adventure which we will cherish with pride."*

Lawrence Tan Kim Chwee

01 Halfway there

02 Tough ascent

03 Tricky pathway

04 We conquer the peak!

05 Lunch at Zenxin



04



05

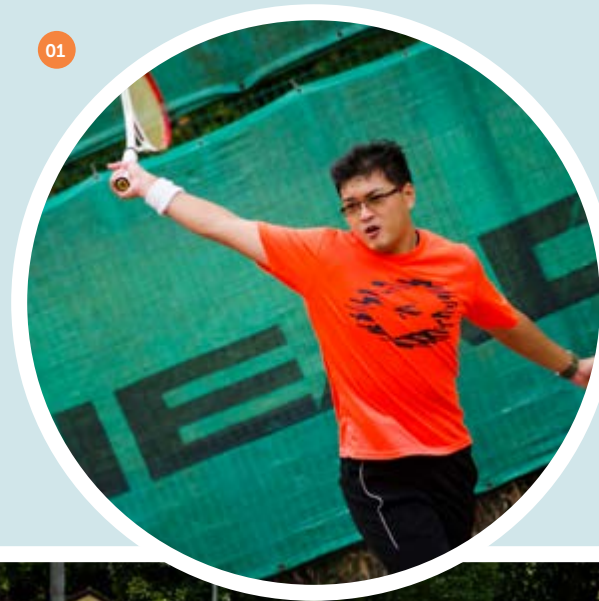


19 March 2017

# Team Tennis

Sunday afternoon threatened to rain, then was scorching before becoming fine. It saw 36 participants in 4 teams competing over 3 rounds (36 games in total) in this Team Tennis competition, which is one of the two annual core events organised for the Tennis Section. Players enjoyed the afternoon competition among friends. The event ended with a surprise birthday celebration for one of the sub-committee members, Albert Lim.

01



- 01 A powerful return
- 02 Happy Birthday Albert
- 03 Graceful touch
- 04 Young in action
- 05 Prize winner

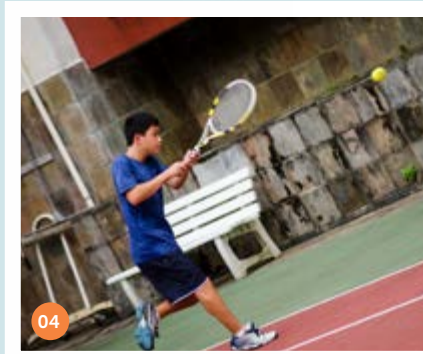
02



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social

04 February 2017

# Fa Cai Night 2017

The annual Fa Cai Night to celebrate the start of the Lunar Year of the Rooster with dinner, dancing and of course, auspicious lion-dancers and lucky draws. Here are the accounts of three participants.

*"It was a night to remember. The sit-down Chinese course dinner was very tasty and delicious with a free flow of beer and red wine. The lion dance troupe entertained us with their energetic moves. The room was filled with lots of fun and laughter, music & dancing the night away. Most of us went home feeling lucky and prosperous especially with the lucky draws and 'hong baos' given out. I would say that the evening was filled with happy memories for everyone. Looking forward to 2018. Huat Ah!"*

Cora Schooling

*"The CBC Fa Cai Night CNY Celebration in Goldenbeach Restaurant on the 4th of February was awesome! With a variety of music spanning the decades, there was something for everyone present. The Lion Dance added to the atmosphere of the whole festival! Thanks to members and guests who participated in the games and dancing. To top it off, we had good lucky draw prizes leaving everyone joyful and full of happiness. Looking forward to another one soon! Cheers."*

Juanita Kwok

*"Another successful social occasion. We were treated to good food and drinks, music and entertainment. This year we decided to make our Lou Hei dish extra special with 'abalone' in it. It was the first time for many to have it together with raw fish. We also had attractive cash prizes draw with our top hongbao of \$380. 'Huat Ah' to all our recipients."*

Edward Tan



- 01 Dancing the night away
- 02 Happy New Year everyone!
- 03 Fun at the photo booth
- 04 I got a voucher! Yay!





social

05 March 2017

# Building a Dementia Friendly Community

The Dementia Workshop was led by Ivan Loh from "Forget us Not" to raise awareness of this condition, which is increasingly common in our aging society. It is part of the awareness/self-help talks conducted by our Social Department for the benefit of members.

*"I've learned so much in this educational talk thanks to the speaker and his knowledge. I realised how much the community is unaware of what dementia is, and how it affects many people around us. I hope that more talks like this can be brought to CBC as it is very beneficial to people of all ages."*



social

12 March 2017

# Kids' Baking Workshop

There were 15 children ranging from 3 to 12 years old who participated in this workshop. For some of them, it was their first time baking. Supervised by their parents, they proudly produced their Penguin Cupcake works of art. The organisers hope that members will continue to participate in such hands-on parent-child bonding activities.

*"I enjoyed myself very much. The instructor is very kind and patient. She makes sure we understand every single step. My most favourite part is decorating the cupcake! I look forward to the next baking class here! I would love to learn how to bake butter cookies and many other different types of cakes!"*

Evelyn Goh, 10



01 Let me help you with that...

02 Smile!

03 Looks like she's having fun!

04 All done!

03

04

02

01



social

19 March 2017

# Mahjong Competition

This annual competition saw 40 participants locked in competition for 5 hours. Ultimately, winners emerged and received cash prizes. Here are some of their comments.

*"For me I did not mind winning or losing, because we were playing for fun and we had an opportunity to make new friends. On the day of the competition my friend Betty told me she had a feeling that I would win. That would be nice because I had never won in any competition before, so when I won first prize it was a heavenly feeling. All the players that I played with were experts and in all honesty, I depended on luck. I really enjoyed myself, and it was a wonderful experience!"*

Catherine Richards

*"I would like to thank CBC for arranging the Mahjong Competition. This event makes bonding with other members a very memorable one. I'm looking forward to the next competition in October!"*

Su Lian Choo



- 01 The lucky draw winners!
- 02 Mahjong kakis together!
- 03 Group photo
- 04 They sure had fun!
- 05 Just before we start the game...



*"It has been a while since I last participated in the CBC Mahjong Competition. What encouraged me to join the competition this time was the attractive cash prizes for the top 10 winners. There were also 3 lucky draw prizes and 3 prizes for the "Special hands" - "Heaven's Grace", "Earth's Grace" and "One Suit Peng-Hu". However, nobody was able to claim these special prizes. I made many new friends and thoroughly enjoyed the competition which was very well-organized. I am looking forward to the next competition in October and I am sure many more members will participate!"*

Tan Tek Tin



26 March 2017

# CBC Family Fun Day

The CBC Family Fun Day was full of activities, with something for everyone. The main event was the Swim Meet, with many other fringe activities on throughout the day.

The Swim Meet event held in the morning saw 140 participants competing over 50 metres in each of the 4 strokes. Competitors ranged from 4 years old to 67! (a certain James Schooling). The event was ably supported by coaches and swimmers from our own club, as well as other swim schools 'JusSwim', 'I Can Swim', 'Flying Fish', 'Al' and 'Big Wave'. The competitors, cheered on by their parents and siblings, enjoyed the event whether they took part in one, or multiple events.

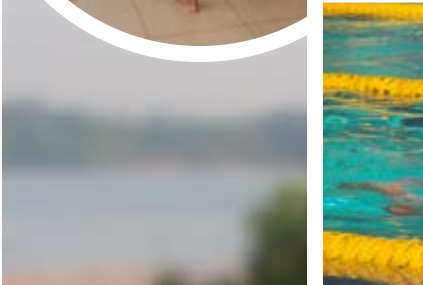
When the medal presentation ended around noon, members and their guests continued to enjoy the various fringe activities set up around the Club. There were a total of 17 bazaar vendors featuring French wine tasting, perfumes, hammocks, fruits, cupcakes, brownies, and local favourites 'Mee Siam' and 'Chendol' dessert. The Bone Marrow Donor Programme also reached out to raise awareness and recruit donors.

- 01 Zumba workout!
- 02 Looks like the swim meet went well ...
- 03 The finishing line... Huff Puff... I'm almost there
- 04 Playground on water
- 05 Nananana... I'm batman
- 06 Congratulations to all prize winners!
- 07 Aquarobics in action!
- 08 Changi Simei's Briskwalkers @ Changi Beach Club

Several exercise activities were conducted by instructors from Nawal Haddad Fitness, providing free sports try-outs in Yoga, Zumba & aqua-aerobics, to cultivate interest in a variety of fitness options. (Do look out for Zumba and Yoga classes in the near future).

The inflatable bouncy castle was set up in the pool shortly after the swim meet ended. This large floating playground was a hit among the children (and even some adults!). Children were also entertained by magician Joe Yu and his assistant balloonist with his magic tricks, illusions and balloon animals. Family-friendly movies were screened in air-conditioned comfort at the Beach Lodge.

The day rounded off at the Deck Bar with our regular singalong. Singers crooned evergreen songs with dancers enticed to join in on the dance floor.





02



03



07

The organisers of the Family Fun Day thank all participants and competitors for your enthusiastic involvement in the event. They also thank our partners and sponsors:



social

26 March 2017

# Community Engagement

During our Family Fun Day (on 26 March), our Club hosted 45 participants from Changi Simei Community Sports Club, who joined in our activities. Starting from Changi Point they ambled along the Coastal Walk, ending at CBC, where they had breakfast at the cafeteria, then enjoyed the fringe activities, various stalls, wine tasting, movie screening.

In a note of appreciation to the Club, Mr Arthur Chew wrote "Such a Family Fun Day are rarely comes so close to our residents. They are very happy to be invited and appreciate CBC's facilities and the social events extended to them."



08



01



02



08 April 2017

# Social Dance Night

*"It was a fun-filled evening with the CBC family and guests. Finally, the long-awaited Social Dance Night had arrived - our first this year. We began with a buffet dinner, but quickly got down to dancing the night away. Locomotion, the 5-piece band provided lively music all night. There was something for everyone ... sizzling Latin sounds, strictly ballroom, energetic disco, rock 'n' roll, and line dancing.*

*Camaraderie among members was apparent ... many including Club Chairman Steven Yuen, and Social Chairman Gary Lim, were seen boogie-ing with their wives, and socialising with fellow members. A most enjoyable evening spent with friends. I'm looking forward to the next Social event!"*



04

03



05

- 01 Susan Pek and her guests
- 02 Let's Boogie!
- 03 Makan time
- 04 1...2...step
- 05 Dance..Smile..Pose!  
Friends coming together for a good night of dancing and socialising

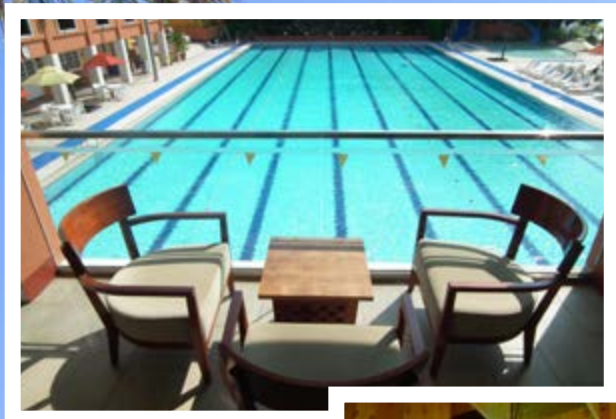
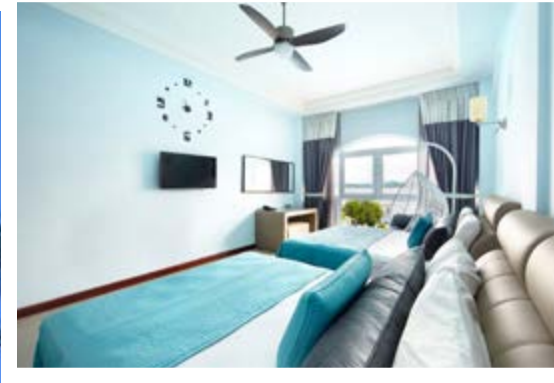
# Room Promotion

★ April (Off Peak Periods)

Stay one night and get the second night free!

- Applicable to members & affiliated members only at prevailing rates.
- Not applicable with other promotions/offers/discounts/vouchers & events.

*Peak surcharge apply (when applicable)*



# Private & Corporate Functions Bookings

★ April (Off Peak Periods)

Looking to hold your Private functions or Corporate off-site workshops or Sports training camps, why not consider our idyllic beach front location with great facilities.

For further enquiry, please email to: [marketing@changibc.org.sg](mailto:marketing@changibc.org.sg)



# 3D2N Kelong Getaway

**Date:** 20 – 22 May 2017,  
Saturday – Monday

**Time:** To gather at Harbourfront  
Ferry Terminal by 8am

**Venue:** Punggur Bay, Batam

**Fees:** CBC Member

Adult \$190, Child \$160\*

Affiliated Member/Guests

Adult \$250, Children \$220\*

\*Child rates applicable for children  
age 12 and below.

**Registration ends:** 06 May 2017

## ★ Highlights:

- **Package Includes:**
  - 2-way ferry (Singapore > Batam > Singapore)
  - ALL transfers and meals breakfast/lunch/dinner (tea time & supper is also provided)
  - ALL ferry terminal taxes
  - Accommodation (Air-conditioned, triple/quad sharing)
- **Passports & Visas:**  
Please ensure your passport has at least 6 months validity & apply for your own Visas as necessary
- **Activities available:**
  - Swimming trip to nearby island
  - Canoeing
  - Fishing all around the kelong
  - TV & karaoke
  - Massage (at own expenses)

# Kids Baking Workshop

**Date:** 27 May 2017, Saturday

**Time:** 4.30pm – 6pm

**Venue:** Old Mahjong Room

**Fees:** CBC Member \$15\*

Affiliated Member/Guests \$25\*

\*inclusive of GST

**Registration ends:** 20 May 2017

## ★ Highlights:

- **Recipe:** Oatmeal Scone - Choo Choo Train
- Suitable for children age 3 – 12 years old

**Date:** 22 July 2017, Saturday

**Time:** 4.30pm – 6pm

**Venue:** Old Mahjong Room

**Fees:** CBC Member \$15\*

Affiliated Member/Guests \$25\*

\*inclusive of GST

**Registration ends:** 15 July 2017

## ★ Highlights:

- **Recipe:** One Bowl Chocolate Cake - National Day
- Suitable for children age 3 – 12 years old





# Line Dance Jam

**Theme:** Checkered

**Date:** 16 July 2017, Sunday

**Time:** 2pm – 6pm

**Venue:** Chan Ah Kow Hall

**Fees:** CBC Member \$5\*

**Affiliated Member/Guests \$8\***

\*inclusive of GST

**Registration ends:** 09 July 2017

**Dance list:**

1	Beautiful Sunday	21	Semowah	41	Don't Cha Wish
2	Cai Cai Cai	22	Ghost Busters	42	Who Did You Call Darling
3	Yesterday Once More	23	Sway Me Now	43	Besame Mucho Chacha
4	Dancing on a Saturday Night	24	Snap To It	44	Come On Everybody
5	Pom Poms	25	Body In Motion	45	Sha Sha De Ai
6	Magic Cha Cha	26	Chiki Cha	46	Man Chang Fei
7	4 Little Heels	27	Sugar Sugar	47	Africa Bum Bum
8	Disco 16 Steps	28	Sex Bomb	48	Hey Mambo
9	Bahama Mama	29	Sweet Joanna	49	Dancing Freely
10	Cinco De Mayo	30	La Muchachita Cha Cha	50	Hit Me
11	Mother's Hand	31	Quiero	51	Sing Along Song
12	Shalala	32	Sing and Dance Cha Cha	52	Mars Attack
13	Como Yo	33	Midnight Kiss	53	Silver Thread
14	Khoo Khat	34	Rio	54	Ticket To The Blues
15	The Bomp	35	Chirpy Chirpy Cheep Cheep	55	Singapore Swing
16	Lemon Tree	36	Aguardiente	56	Get It Baby
17	Hello Summer	37	Nobody But You	57	Unforgettable
18	Qiao Qiao Men	38	Ai Ching Cha Cha	58	Cha Cha Tomorrow
19	Summer Night Cha Cha	39	Quando When Quando	59	Little Apple
20	10 Guitars	40	Come Dance With Me	60	Dong Tian Li De Yi Ba Huo



**Highlights:**

- Charges include 1 food item and 1 drink

# Members' Karaoke Showdown

**Date:** 30 July 2017, Sunday

**Time:** 2.30pm – 6.30pm

**Venue:** Deck Bar

**Competitors entry fee:** \$25\*

\*inclusive of GST

**Spectators entry fee:** Free

**Registration ends:** 16 July 2017



**Highlights:**

- Minimum requirement: 20 pax
- Contestants must be at least 18 years old
- Only English or Mandarin Songs may be performed
- Song choices are available in existing karaoke system in the Deck Bar

1<sup>st</sup> prize:  
**\$\$400**

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2<sup>nd</sup> prize:  
**\$\$300**

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3<sup>rd</sup> prize:  
**\$\$200**



# Bukit Timah Nature Reserve Walk

Date: 06 May 2017, Saturday

Time: 9.00am

Meeting Point:

- 1) Beauty World MRT-Exit A – Beauty World Centre Level 4 Food Court at 8.30am
- 2) Bukit Timah Visitor Center at 9.00am

Duration: 2 – 3 Hours Walk (Estimated)

Registration ends: 30 Apr 2017

Light snacks will be provided!



### Highlights:

- Things to bring:
  - 1 litre of water
  - Cap
  - Mosquito repellent

All are welcome!  
No Charges  
Registration Required

# Upcoming Events to Look Forward to:

- National Day Party
- Exclusive Tombola
- Overseas Durian Trip
- F1 Party
- Mid-Autumn Party
- Oktoberfest
- Mahjong Competition
- and MANY MORE!

regular activity!

# Sing-Along

Next Sessions:

7 May 2017 and 4 June 2017

Time: 4pm – 6pm

Venue: Deck Bar



### Highlights:

Come on down for an enjoyable Sing-Along session every **FIRST SUNDAY** of the month!

Muse over evergreen melodies and dance to the beat with our in-house keyboardist and fellow member to lead you along. No worries if you are not sure of the lyrics as handouts will be given every session. No registration required! So just drop in!

Oh! Light refreshments will be provided too!

regular activity!

# Yoga & Zumba Classes

Zumba: Every Thursday

Yoga: Every Friday

Time: 7.30pm – 8.30pm

Venue: CBC Dance Studio

Fees: CBC Members \$120\*/session of 8 classes

Affiliated Members/Guest \$144\*/session of 8 classes

\*subjected to prevailing GST



### Highlights:

- Minimum of 10 pax is required before commencement of class
- With sufficient participants, classes will commence on the first week of May

## club information

Facility Location	Contact Number	Operating Hours	Facility Fees**
Main Building (Front Office)		0830 – 2200 hrs	
Swimming		Daily 0900 – 2200 hrs	Guest fees: \$3.00 per person (1st four persons) \$6.00 per person (5th person onwards) Guest fees apply to children above 12 years old and maids who use the pool, including Children's Pool
Mahjong	6546 5215	1000 – 0200 hrs	Normal Table: \$3.50 per hour (before 1800 hrs)* \$5.00 per hour (after 1800hrs)* Automatic Mahjong Table: \$6.00 per hour (before 1800hrs)* \$8.00 per hour (after 1800hrs)*
KTV (Private Rooms)		Sun-Thu & PH Fri, Sat & Eve of PH 1400 – 2359 hrs 1400 – 0100 hrs	Room 1: \$9.00 per hour (before 1800 hrs)* \$15.00 per hour (after 1800 hrs)* Room 2: \$12.00 per hour (before 1800 hrs)* \$20.00 per hour (after 1800 hrs)* Hall: \$18.00 per hour (before 1800 hrs)* \$30.00 per hour (after 1800 hrs)*
Children's Playroom		Mon-Fri Sat, Sun & PH 1200 – 2000 hrs 0900 – 2200 hrs	
Jackpot Room	6546 5218	Sun-Thu & PH Fri, Sat & Eve of PH 1000 – 2300 hrs 1000 – 0100 hrs	
The Deck Bar	6542 2531	Sun-Thu & PH Fri, Sat & Eve of PH 1700 – 2359 hrs 1700 – 0100 hrs	\$8.00 first drink charge for members' guests
Sports Complex (Reception)		Daily 0830 – 2200 hrs	Guest fees: \$3.00 per person (1st four persons) \$6.00 per person (5th person onwards)
Badminton Courts	6546 5225	Daily 0800 – 2200 hrs	Guest fees apply to all games and facilities \$3.00 per hour per court (before 1800 hrs) \$10.00 per block of two hours per court (after 1800 hrs) \$5.00 one-hour booking for after 1800 hrs (Two days before date of play)
Squash Court			\$1.00 per hour per court / table
Table Tennis			
Tennis Hard Courts		Mon-Fri Sat, Sun & PH 0800 – 2200 hrs 0700 – 2200 hrs	\$3.00 per hour per court (before 1800 hrs) \$4.00 per hour per court (after 1800 hrs)
Gym	6546 5248	Daily 0830 – 2200 hrs	Gym Member: \$10.00 per month \$2.50 per usage (casual users); *\$5.00 per usage (guest) *Not inclusive of guest fee
Bowling	6546 5222	Mon-Thu & Eve of PH Fri Sat Sun & PH 1400 – 2300 hrs 1200 – 2359 hrs 1000 – 2359 hrs 1000 – 2300 hrs	\$1.50 per game (Mon-Fri before 1800 hrs) \$2.20 per game (Mon-Fri after 1800 hrs) \$2.20 per game (Sat, Sun, Eve of PH & PH)
Billiards			\$1.50 per hour per table (before 1800 hrs) \$3.00 per hour per table (after 1800 hrs)
Goldenbeach Seafood Paradise	6542 7720	Daily 1130 – 1500 hrs 1800 – 2200 hrs	Members get 5% off ala carte menu Service charge not applicable to members Last order 30 minutes before closing hour

Club Directory	Days	Operating Hours	Contact Numbers	Email
General Enquiries	Daily	8.30 am – 10.15 pm	T: 6546 5215 / 5216	enquiries@changibc.org.sg
Front Office				mro@changibc.org.sg
Membership Administration	Mon - Sat	9.00 am – 5.30 pm	T: 6546 5204 / 5209	alice@changibc.org.sg
Finance	Mon - Sat	9.00 am – 5.30 pm	T: 6546 5210 / 5214	accounts@changibc.org.sg
Sales & Marketing	Mon - Sat	9.00 am – 5.30 pm	T: 6546 5317	marketing@changibc.org.sg
Social & Events	Mon - Sat	9.00 am – 5.30 pm	T: 6546 5213	socialerevents@changibc.org.sg
Sports	Mon - Sat	9.00 am – 5.30 pm	T: 6546 5211	sports@changibc.org.sg

\* Peak hours are from 6.00pm onwards to closing and the whole day of public holidays, Saturdays and Sundays

\*\*Prices are correct at point of printing and may be changed forthwith



**A Health Tradition**

**Throughout the Generations**

 TISCO PTE LTD

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**FREE!**




30 Sun Chlorella Health Starter Kits (worth \$50) to be given away!

Answer the following question:

**What occasion does the family portrait depict?**

**Answer: Chinese W\_DD\_\_G**

Email the answer, together with your name, CBC membership number and contact number to: [enquiry@sunchlorella.sg](mailto:enquiry@sunchlorella.sg)

 TISCO PTE LTD

Tel: 6344 4966 Website: [www.sunchlorella.sg](http://www.sunchlorella.sg)